

**ALCOHOL AND OTHER DRUG SERVICES**

# **Online Self-Assessment**

**Confidential • 15 minutes**

Designed to help you consider the personal impact of your alcohol use and explore strategies to reduce alcohol-related harms

**[studentlife.mit.edu/aods/support](https://studentlife.mit.edu/aods/support)**

## **ALCOHOL AND OTHER DRUG SERVICES**

AODS staff are available for a private conversation about your alcohol and/or other drug use or if you're concerned about a friend.

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You will not get in trouble for underage alcohol use or illegal drug use.

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